

GOD

POWER GREATER THAN OURSELVES



THREE-PART PROGRESSIVE DISEASE

PROBLEM OF THE BODY

SPIRITUAL MALADY

PROBLEM OF THE MIND

SEEK AN EFFECT

1ST BEHAVIOR

PHYSICAL CRAVING/ALLERGY

BINGE/SPREE

CONSEQUENCES

PLAN NEW WAYS OF CONTROL

PROGRESSION

ROCK BOTTOM

SWEAR OFF - I'M DONE

LACK OF
POWER

I'M GONNA CHANGE - SO HERE'S HOW

RESTLESS, IRRITABLE, DISCONTENT

MENTAL OBSESSION

MENTAL BLANK SPOT

INSANE IDEA

OPPORTUNITY

UNMANAGEABLE DECISION

WILL I OR WON'T I?

CAN YOU IDENTIFY WITH THE INABILITY
TO CONTROL HOW MUCH YOU USE?

BAD NEWS: I'M SCREWED

QUESTION: DO YOU REALLY WANT TO STOP?

DEATH OR
INSANITY

CAN YOU IDENTIFY WITH THE INABILITY
TO STAY SOBER ON YOUR OWN POWER?

GOOD NEWS: IT IS OF MY OWN MAKING!

WE CAN SHOW YOU HOW WE GOT WELL

LOSS OF CONTROL WHEN USING!

LOSS OF CHOICE WHEN ABSTINENT!